



## Spring 2024 Volunteer Needs

If you are interested in any of the following volunteer opportunities, please contact our Volunteer Coordinator, Susan Adams: [sadams@fcsmaine.org](mailto:sadams@fcsmaine.org) or call 207 865-3985 x 206

**Pownal Days:** Calling all Pownal FCS friends! On **Saturday, May 18**, Pownal Days will be happening at Pownal Town Hall from 10:00 AM – 2:00 PM. FCS will have a table at the event, and we need a few volunteers to share information about FCS. Shift times are 10:00 – 12:00 and 12:00 – 2:00. FMI or to sign-up, contact Susan @ [sadams@fcsmaine.org](mailto:sadams@fcsmaine.org)

**Transportation Program Driver:** Transportation to and from necessary resources and appointments is one of the major needs for our Age-Friendly program. ***We use an on-line platform to schedule rides, so basic computer skills are necessary for transportation volunteers.*** Drivers must be 18 years old with reliable transportation, a valid license and proof of insurance. FCS will complete a mandatory background check for all drivers. To sign up as a volunteer driver, please visit [www.fcsmaine.org/transportation](http://www.fcsmaine.org/transportation) and click Volunteer to Drive and complete the online application.

**Age-Friendly Freeport Pownal (AFFP):** AFFP is seeking volunteers to **assist with various committees**. Duties include forming connections between AFFP and other community organizations, helping with monthly events like bingo and socials, putting up flyers for events, etc. Total time commitment is likely 4 – 6 hours per month. For more info about AFFP, please visit <https://fcsmaine.org/community/age-friendly/>

**Thrift Shop Cashier:** Volunteer cashiers welcome patrons as they enter the shop, and complete patron transactions using Apple Square technology. Volunteers must have excellent customer service skills and be comfortable handling cash and credit card sales. Cashier shifts are usually 2-1/2 hours during open hours. **We are currently seeking volunteers for substitute shifts (usually 1-2 shifts per month).**

**Food Pantry Donation Collector (substitute):** Join the Food Pantry "behind the scenes" team! We are seeking **early morning volunteer(s)** who can assist with collecting food donations from local grocery stores. **This position requires the ability to lift 40 lbs. unassisted.** We are currently looking for "substitute" donation collectors. Ideally volunteers will have a truck, but use of the FCS van is also possible. *This is a physically demanding position, loading and unloading heavy boxes!* Donation Collection shift times are occasional Mondays, Tuesdays, or Wednesday mornings 7:30 – 8:30 AM (usually 1-2 days per month).

**Free Friday Lunch Assistant:** We need volunteers to assist with **table set-up, food service and clean-up for our Free Friday Lunches**. This position requires the ability to carry and serve food items; interaction with the general public is required. This position will work as part of a team of 4 – 6 other volunteers. **Shift times are 11:00 AM – 1:30 PM on the 1<sup>st</sup> and 3<sup>rd</sup> Fridays of the month.**

**Special Talents:** Do you have a special talent? Are you a photographer, especially handy or a talented chef? If yes, please let us know your skill set and we will try to match you up with a project or event at FCS.

**For all positions, we expect our volunteers, as FCS team members, to support the agency mission, to serve without judgement or prejudice and with complete confidentiality.** We will make reasonable accommodations to enable individuals with disabilities to perform the essential functions of each position.